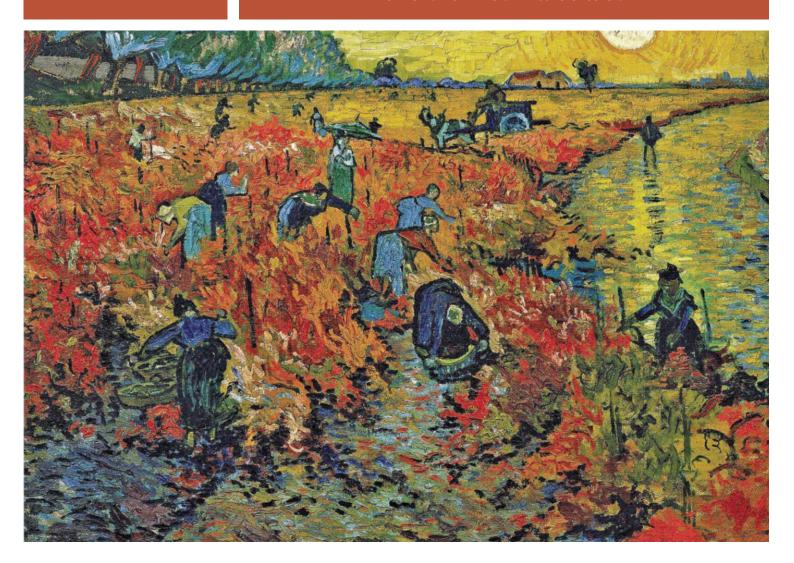
**September 24, 2023** 25th Sunday in Ordinary Time

# Thus, the last will be first, and the first will be last





### **Our Vision**

A world in communion with Jesus Christ.

### **Our Mission**

Holy Name Cathedral, as a Catholic parish and the seat of the Archdiocese of Chicago, forms a community of disciples who inspire, nurture, and join people on their faith journey to encounter and grow in Jesus Christ.

### **Mass Schedule**

### **Monday-Friday**

7:00am, 8:00am (livestream) & 12noon Wednesday evenings at 5:15pm

### **Saturday**

9:00am (livestream) & 5:15pm Vigil Mass

#### Sunday

7:00am, 8:30am, 10:30am (livestream), 12:30pm, 5:15pm

### **Saturday Reconciliation**

9:00am to 12noon

# Reflections from Our Rector\_



Dear People of God.

Many of us are professional procrastinators. We put off until tomorrow what should be addressed today.

I will start my diet ... tomorrow. I will clean out the closet ... tomorrow.

I will start praying ... tomorrow.

I will spend more time with the children/grandchildren ... tomorrow.

I will start piano lessons ... tomorrow.

We will start going to Mass as a family ... this weekend.

It is easy to procrastinate as our lives sometimes feel too busy or overwhelming. Do you easily get distracted or lose focus? Maybe you suffer from A.A.A.D.D. ... Keep reading ...

They have finally found a diagnosis for my condition. Hooray! I recently have been diagnosed with A.A.A.D.D.

 Age Activated Attention Deficit Disorder. This is how it goes: I decide to wash the car. I start toward the garage and notice the mail on the table. OK, I'm going to wash the car, but first, I will go through the mail. I lay the car keys on the desk, discard the junk mail, and notice the trash can is full. OK, I'll just put the bills on my desk and take the trash can out, but since I will be near the mailbox anyway, I'll pay these few bills first. Now, where is my checkbook? Oops, there's only one check left. My extra checks are back in my desk.

Oh, there's the Coke I was drinking. I will look for those checks, but first, I must move my Coke away from the computer. Or maybe I'll pop it into the fridge to keep it cold for a while. I head toward the kitchen, and my flowers catch my eye; they need water. I set the Coke on the counter and, uh oh! There are my glasses! I was looking for them all morning! I'd better put them away first. I fill a container with water and head for the flowerpots. Aaaaaaah! Someone left the TV remote in the kitchen.

We'll never think to look in the kitchen tonight when we want to watch television, so I'd better put it back into the family room where it belongs. I splash some water into

the flowerpots and more onto the floor, throw the remote onto a soft cushion on the sofa, and head back down the hall, trying to figure out what I was going to do. End of Day: The car is not washed, the bills are unpaid, the Coke is sitting on the kitchen counter, the flowers are halfwatered, the checkbook still only has one check in it, and I can't seem to find my car keys! When I try to figure out how nothing got done today, I'm baffled because I KNOW I WAS BUSY ALL DAY LONG!!!

I realize this is a serious condition, and I will get help. BUT FIRST I think I'll check my email....

Fall began last week. Seasons change, as do the seasons of our lives as they take on new colors.

Starting today —

- · Spend time in prayer.
- Forgive someone.
- Begin reading one of the four Gospels or make an effort to attend daily Mass.
- Spend more time with the family.
- Stop putting off until tomorrow what you have been seeking to begin today!
- The Lord Jesus is our strength, hope, and courage on the journey. Go to the Lord in prayer.
- At the same time, always maintain a sense of humor!

Today is a gift from God, and may we make our lives a gift back to God by loving, caring and forgiving - starting today!

> On the road with you, Fr. Greg

# Sign up for eGiving today!

eGiving is a secure and convenient way of giving to Holy Name Cathedral. It is eco-friendly and



cost-saving. Just scan the QR code to make your one-time, weekly, or monthly donation. If you have any questions, please contact Mary Lederer at mlederer@holynamecatheral. **org** or call her at (312) 573-4432.

# **Upcoming Events**



### Sunday, September 24

Holy Name Cathedral Ministry Fair	9:30 AM
15-minute Docent tour	9:30 & 11:30 AM
Daughters of Isabella Meeting	1:00 PM
Migration Mass	5:15 PM

### Monday, September 25

Knights of Columbus Meeting	7:00 PM
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### **Tuesday, September 26**

Parish Pastoral Council Meeting	6:00 PM
Young Adults Men's Bible Study	7:00 PM
Young Adults Women's Bible Study	7:00 PM

### Thursday, September 28

Blessings in a Backpack	9:00 AM
Thursday Morning Bible Study Group	10:15 AM

### Saturday, September 30

Confessions on the Lower Level of Cathedral	9:00 AM
Frassati Small Groups	9:00 AM

### Sunday, October 1

15-minute Docent tour	9:30 & 11:30 AM
Christifidelis Archdiocesan Awards	2:30 PM
Young Adult Monthly Gathering	6:00 PM

# Sign up for our newsletters!



<<< Weekly Rector's Update (every Friday)

Young Adults >>> Newsletter (bi-weekly)



### On the Cover

"The Red Vinevards in Arles" by Vincent van Gogh (1853-1890), **Pushkin State Museum, Moscow** 

Todav's parable from Matthew is notoriously tricky. Some have questioned the landowner's statement that he can do whatever he likes



with his money, implying that he may be exploitative. However, the parable focuses on the landowner's generosity by juxtaposing two economies to make a statement about drastic change or complete reversal.

The economies on display are an exchange economy and a gift economy. An exchange economy is based knowing you will get in exchange for what you give. This economy is generally to the owner's advantage, centering on cost, price and profit. In contrast, a gift economy declines this tit-for-tat calculation to operate by another principle. It goes by unmerited favor or extravagant generosity. Instead of something negotiated or agreed on, it turns calculated exchange into ungrounded magnanimity or, in Christian terminology, grace.

Source: The Almanac for Pastoral Liturgy 2023

### Contact Us

Phone number: (312) 787-8040

**Email:** mycathedral@holynamecathedral.org

Rectory: 730 N. Wabash Ave., Chicago, IL 60611

Open Monday - Saturday 9am - 4pm

Open Sundays 9am - 2pm

Cathedral: 735 N. State St., Chicago, IL 60654

### Follow Us

Facebook: @HolyNameChicago Instagram: @HolyNameCathedral

Twitter: @HolyNameChicago

YouTube Channel: Subscribe to Holy Name Cathedral

# Order of Worship

The Precious Blood will be offered only at the 10:30am Mass. We will have two stations at the front of the Cathedral near the altar. Please sit in the front two sections if you plan to receive from the cup.

Prelude (10:30 a.m. & 12:30 p.m.)

**Prelude in A Minor** 

James Nares

### **Entrance Hymn**

Lord of All Hopefulness

Worship Hymnal #686

### Gloria

Mass of St. Ann (10:30 a.m. & 12:30 p.m.)

Ed Bolduc

**Congregational Mass** (all other Masses)

Worship Hymnal #324

### **First Reading**

Worship Hymnal #1181

Isaiah 55:6-9

### **Responsorial Psalm**

Psalm 145:2-3, 8-9, 17-18

The Lord is near to all who call upon him.

### **Second Reading**

Philippians 1:20c-24, 27a

### **Gospel Acclamation**



To all our faithful parishioners who give of their time, talent and treasure - thank you for your generosity.



To all of our visitors today from all over the country and world, know

that your monetary gift will go toward the support of the mission and ministries of Holy Name Cathedral. Thank you for your generosity.

### Gospel

Matthew 20:1-16a

### Offertory Hymn

**Eye Has Not Seen** 

Worship Hymnal #713

### Holy, Holy

Mass of Creation | Worship Hymnal #365

### Memorial Acclamation

Mass of Creation | Worship Hymnal #366

### **Amen**

Mass of Creation | Worship Hymnal #367

### Lamb of God

**Mass of Creation** 

### **Communion Antiphon**

O that my ways may be guided towards the keeping of your statutes.

### **Communion Hymn**

**All Who Hunger** 

Worship Hymnal #951

Communion Motet (10:30 a.m. & 12:30 p.m.)

**Ave Verum Corpus** 

**Edward Elgar** 

Hail, hail, true body born of the Virgin Mary: having truly suffered, sacrificed on the cross for mankind. From whose side flowed water and blood: Be for us a foretaste in the hour of death.

### **Recessional Hymn**

Called to Labor in God's Vineyard

Worship Hymnal #772

**Postlude** (10:30 a.m. & 12:30 p.m.)

Fugue in A Minor

James Nares



### **Catholic Illuminations**

# **Share Your Gifts in One of Our Liturgical Ministries!**

#### By Fr. Andy Matijevic

■he parish is a critical part of any neighborhood, and Holy Name Cathedral Parish is no different. The parish is where people of all backgrounds come together for a common mission. The mission of Holy Name Cathedral is "as a Catholic parish and the seat of the Archdiocese of Chicago, forms a community of



disciples who inspire, nurture, and join people on their faith journey to encounter and grow in Jesus Christ." The Cathedral fulfills our mission through the many ministries we offer.

The Worship group is responsible for many ministries to allow people to encounter and grow in Jesus Christ. From the Lenten Fish Fry to Coffee in the Courtyard to the Preand Post-Chicago Marathon Mass, in everything we do, we worship God. But the most obvious way the Worship group is through liturgical ministries in the Eucharist celebration. There are three key ministries where the clergy rely on the laity for active participation during the celebration of Mass.

### **Extraordinary Minister of Holy Communion (EMHC):**

Extraordinary Ministers of Holy Communion assist the priest and deacon in distributing the Body and Blood of Christ to those gathered for worship. As an EMHC, you play an essential role in helping Holy Name Cathedral 'open wide the doors' to Christ for those who come forth to receive the Lord in the Eucharist. We need more EMHCs to offer the precious blood during more Masses.

**Lectors:** The lector proclaims the Word of God to those gathered for Mass and does so in a way that engages communal listening. A candidate for lector should have skill in speaking, knowledge of the various parts and movements of the Mass, and an understanding and love for Sacred Scripture. A lector also serves as the commentator at Mass and offers the Prayers of the Faithful in the absence of a deacon.

**Ushers:** An Usher at Holy Name Cathedral is one of the first points of welcoming our parishioners and many visitors to this special place of worship. Whether seating or assisting our brothers and sisters in faith during the Mass, the Usher always does it with a tremendous sense of hospitality. Of course, a part of being an Usher is the taking up of the regular Sunday collection and the occasional special second collection, but more than that, Ushers make our visitors and parishioners feel at home, welcome and safe during our Eucharistic celebrations.

To learn more about these liturgical minister roles at the Cathedral, please stop by our table at the Ministry Fair today in the Courtyard and talk to one of our captains of these ministries. We are finalizing training dates in the October/November timeframe, so please sign up if you are interested in being trained to serve in a liturgical ministry at the Cathedral.

Each of us has gifts and talents; by using those gifts, we glorify God. Through worship, we praise God for the blessings he showers upon us. As we gather around this altar week in and week out, consider joining one of these ministries or participating in a Worship Pillar event to help glorify God in word and deed. Everything we do here at the Cathedral Faith Community, whether through Worship, Evangelization, Stewardship, or Service, is done for the glory of God and the Holy Name of Jesus.

# **Pet Mass and Blessing**

#### Saturday, Sept. 30 at 10:00am

In celebration of St. Francis of Assisi, Patron Saint of Animals, Holy Name Cathedral will host an outdoor (weather permitting) Pet Mass and Blessing on Saturday, Sept. 30 at 10:00am in the Courtyard. Fr. Andy Matijevic will be the presider, and Fr. Greg Sakowicz will concelebrate. Bring your pet on a leash, in a cage, or in a bowl to this special Mass, and the blessing will take place after Mass. No advance registration is needed.

# Join CFN to Honor St. Lorenzo Ruiz, First Filipino Saint

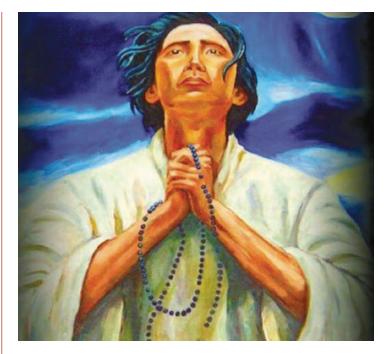
### Special Mass: Thursday, Sept. 28 at 12:00pm

The Cathedral Filipino Network (CFN) cordially invites you to the Holy Eucharist in honor of Saint Lorenzo Ruiz, the first Filipino saint, on Sept. 28 at 12:00pm.

Saint Lorenzo Ruiz is the first Filipino venerated in the Roman Catholic Church. He became the country's protomartyr of Chinese-Filipino parentage after his execution by the Tokugawa Shogunate during its persecution of Japanese Christians in the 17th century. Ruiz was born in Binondo, Manila, to a Chinese father and a Filipino mother.

At a young age, Lorenzo served as an altar boy and studied under the Dominican friars. Later, he married Rosario, and they had two sons and a daughter. While working as a clerk for the Binondo Church, Lorenzo was falsely accused of killing a Spaniard. He sought asylum on board a ship with the help of three Dominican priests.

Lorenzo and some of his friends left for Okinawa on June 10, 1636. Upon arrival in Japan, the missionaries were arrested and thrown into prison. After two years, Lorenzo and his companions met different types of torture. On Sept. 27, 1637, their captors took him and his companions to Nishizaka Hill, where they were tortured and hung upside down. Ruiz refused to renounce Christianity and died from blood loss and suffocation. His body was



cremated, with the ashes thrown into the sea.

Lorenzo Ruiz was beatified during Pope John Paul II's papal visit to the Philippines in 1981 and was canonized on Oct. 18, 1987, making him the first Filipino saint. His canonization was based on a miracle in 1983, when Cecilia Alegria Policarpio, a two-year-old girl suffering from in-born brain atrophy, was cured after her family and supporters prayed to Lorenzo for his intercession.

Source: Archdiocese of Chicago (Asian Catholic Initiative)





### "Before I formed you in the womb, I knew you." — Jeremiah 1:5

A Discussion on Life Lost: Miscarriage & Stillborn

### Saturday, Oct. 14 after 5:15pm Mass

The joy of a new life is shattered when a full-term birth is cut short. Such loss defies words and reactions by society. The tendency to move on tends to dominate our culture. We do not address the emptiness felt by the mother, who has already formed a relationship with this living person within her. There is the father whose dreams evaporate while trying to console his wife. Children may be coping with

the reality that there is no sibling now.

This discussion allows us, as Catholics, to face the social stigma of denial and listen to those who have learned to celebrate these children of God. With the guidance of the Elizabeth Ministry, we will learn how to accompany those directly affected by this loss. Scan the QR code to register online. We will meet in the Rectory after the 5:15pm Mass on Saturday, Oct. 14. Sponsored by the Celebrate Life Initiative.









# **A Day of Formation** and Information

On Saturday, Sept. 9, more than 70 of our lay leadership and staff gathered at Loyola University for the inaugural Rector's Leadership Conference. Special thanks to Fr. Ken Simpson (right), who acted as our moderator. The goal of this new forum is to provide leadership formation, create new connections



across our Advisory Councils, and share new information about our parish to make adjustments in Vision 2025, our parish's five-year strategic plan. This group will meet again to share progress in March 2024.

Also participating were the Finance Council, the Parish Pastoral Council and the Strategic Plan Oversight Council.



# **Evangelization**

### The Stump of Jesse

# Were All These Events a Coincidence? I Don't Think So!!

#### By Fr. Ton Nguyen

verwhelmingly speaking, I have witnessed a few 'miracles' at the Cathedral. Here is one. On Friday, Sept. 15, a group of young adults initiated the Frassati Small Groups with Adoration and Mass on the memorial of Our Lady of Sorrows. This day commemorates the profound



bond of heart between the Mother of the Redeemer and the Savior, through which she experienced many inner sorrows because of Her Son's Mission, especially during His Passion and Death.

And what took place on Thursday, Sept. 14? It was the Feast of the Exultation of the Cross, a universal truth of Christian faith, signifying Christ's triumph over death. This feast celebrates the redemptive transformation of a cruel instrument of torture into a divine "tree of life." offering hope to humanity.

Subsequently, the small group began meeting weekly on Saturday, Sept. 16, on the memorial of St. Cornelius and Cyprian. This day commemorates two friends in the service of Christ and His Church, who were fervent in their faith and dedicated hours to work for the unity of the Church.

It's as though, after discovering the love of Jesus and realizing that we are not alone on our journey, we have



our Blessed Mother to help us live out our vocation. We also have friends to journey with us. One more awesome thing adding to this 'miracle!' We didn't plan on these specific days. And the group selected to read the book, "The Imitation of Christ." We didn't talk with Jim Caviezel, but he is launching this book on the Hallow App this week! Coincidence? I don't think so.

The Holy Spirit does intercede for us with groanings too deep for words and searches hearts that long to see the Lord. I close with the words of Ezekiel, "And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. And I will put my Spirit within you and cause you to walk in my statutes and be careful to obey my rules. You shall dwell in the land that I gave to your fathers, and you shall be my people, and I will be your God" (Ezekiel 36: 26-28). I love being a priest! JMJ.

# **Hybrid Scripture Experience: God's Heart for You**

### Wednesday evenings: Oct. 18, 25, Nov. 1, 8, 15 at 6:30pm

In this 5-week in-person series, in conjunction with the Wednesday evening Bible Study group, we will explore the biblical, intertestamental story of God giving us His Heart. This story begins in the Book of Genesis and then continues through a people's forgetting of the God who loves them, the One who rescues them from slavery, time and time again.



The people can only remember who they truly are once the Word becomes flesh and gives God's Heart to the people, finally, always, and forever.

Join us as we discover anew the tremendous impact, power, and responsibility God's love is for us. Sponsored by the Guy D. and Rebecca E. Brunetti Family Foundation. An online option will be available. Scan the QR code to register.

# Service

# Come to HNC's Annual **Ministry Fair Today!**

### TODAY, Sept. 24 from 9:30am to 2:00pm in the Parish Center Cafeteria

Each year, all our ministries come together to welcome you. our lay volunteers, to join the right ministry that matches your passions and time availability. We have many ministries who need you to help them achieve their mission. This spans across Worship, Evangelization, Service and Stewardship. Whether you have one day once or twice a month, or 15 minutes before and after mass, or are ready to make a weekly commitment, we have an opportunity for you.

- Welcome parishioners and visitors to Mass, more than 50% of our Mass attendees are visitors from around the world
- · Visit Catholics in the hospital or are homebound who are not able to attend Mass and receive the Eucharist
- · Help children prepare for their First Communion and Confirmation sacraments
- · Knit from home or semi-monthly at the Rectory to make hats for our neighbors in need and local schoolchildren
- Pack and deliver bags of food for children served by the federal "hot lunch" program who have no access to food on weekends
- · Join one of our four Bible Study groups that meet at different times on different days
- Sign up for our Parish Day of Service our focus this year will be assisting local homeless
- Give tours of the Cathedral to our many local, national, and international visitors
- Give feedback to a new ministry concept around Faith and Fitness
- Become a trained Lector or Eucharistic Minister to serve at one of our many masses
- · Help plan an upcoming social event for the parish
- · Learn and advise on new ways to expand our Stewardship efforts
- · Join an advisory group on ways to improve our online communications with our Faith Community
- Provide photography support for our many events and programs
- Be a project manager for a one-time project



# **Coming in October: HNC's Day of Service**

Please watch for information about our upcoming Day of Service on Saturday, Oct. 21. We will be putting together teams of adult and teenage parishioners to participate in a variety of Catholic service projects at local organizations. We're looking forward to a fun-filled — and tiring — day as we bring Holy Name out into the community. As Pope Francis says, "Through good works, that we do for our neighbor with love and good cheer, our faith germinates and bears fruit."

# 15-min. Cathedral Tours After 8:30am & 10:30am Masses

This Sunday, we have three options for tours of Holy Name Cathedral. Our Docents are excited to share with you the art, architecture and history of the Cathedral.

Every Sunday after the 8:30 a.m. and 10:30 a.m.

Masses, Docents will give quick 15-minute express tours.

Also, Docents give full Cathedral tours after the 12:30 p.m. Mass on the first and third Sundays of the month because of Archdiocesan events, the next full tour will be Sunday, Oct. 17. These full tours last approximately 45 minutes. These free tours will begin immediately after Mass and will start at the front of the main, center aisle. No reservations needed!

# **Stewardship**

### **Holy Name Cathedral Concert Series**

# Johann Vexo, Choir Organist from the Cathedral of Notre-Dame, Paris Thursday, Oct. 26 at 7pm

Join us for a special evening of musical entertainment as we host the artistic talents of Johann Vexo, Choir Organist of the Cathedral of Notre Dame in Paris. Born in France, Johann's musical talents have been influenced by the rich musical and cultural heritage of his upbringing. He is considered by some as one of the greatest French organists of our time. There is no charge to attend the concert. Please register for the event using the QR code and consider donating or being a sponsor. Sponsorship opportunities include:

### Symphony Sponsor: \$5,000

Full page acknowledgment in the program book; recognition during the concert; listing in the program book and Holy Name Cathedral communications; reserved seating for ten in the pews or organ loft\*; invitation for ten to pre-concert reception.

Oratorio Sponsor: \$2,500

Half-page acknowledgment in the program book; recognition during the concert; listing in the program



Johann Vexo



book and Holy Name Cathedral communications: reserved seating for eight; and invitation for eight to pre-concert reception.

Concerto Sponsor: \$1,000

Quarter-page acknowledgment in the program book; listing in the program book and Holy Name Cathedral communications; reserved seating for six; and invitation for six to pre-concert reception.

Sonata Sponsor: \$500

Listing in the program book and Holy Name Cathedral communications; reserved seating for four; invitation for four to pre-concert reception.

Rector's Sponsor: \$250

Listing in the program book and Holy Name Cathedral communications and reserved seating for two.

Friend of Holy Name Cathedral: \$150

Listing in the program book and Holy Name Cathedral communications.

\*Based on organ loft space availability.

### Remember Those Who Have Gone on Feast of All Souls

### All Souls Day: Thursday, Nov. 2, 2023

On All Souls Day, we remember those who have gone before us and sleep in the light of Christ, especially those we loved, including our parents, grandparents, siblings, family members, and friends. Those we loved in life who have gone before us hold a special place in our hearts. It is in gratitude and reverence that we remember them.



If you would like to request a prayer intention for the Feast of All Souls, please use the QR code provided. Loved ones will be remembered in prayer by our Cathedral priests, deacons, sisters, and staff throughout the month of November. Please plan to join us for our annual All Souls Mass on Thursday, Nov. 2 at 5:15pm.



# **Fellowship**

### A Little Humor from the Rector



"Why do eggs come in flimsy Styrofoam cartons and batteries come in a package only a chainsaw can open?"

# **Replica Resurrection Crosses For Sale**

At Holy Name Cathedral, our Resurrection Cross is unique. Sculpted out of one piece of wood and suspended over the altar, artist Ivo Demetz created our Resurrection Cross in 1969. It is unique because Christ is not depicted in agony, but rather triumphant in glory.



Small replicas of our cross are for sale in the Rectory for \$20. We only accept cash (exact change only) and checks made payable to Holy Name Cathedral. This replica can serve as a reminder of God's unconditional love for you and of the connection to Holy Name Cathedral. Ask our ushers for more details.



# Welcome! Make Holy Name Your Cathedral.

We are delighted to welcome you to Mass today, whether you are visiting or looking for a parish to join. Through your presence and active participation, we can offer rich, spiritual renewal every day. Our Faith Community is very diverse, composed of people like you. Our hope is that your experience today encourages you to join our community. There are many ways to get involved. Join one of our ministries or attend an event

featured in today's bulletin. Or become a member of our Faith Community — all are welcome! Just scan the OR code to register as a new parishioner.



# Prayers <sub>-</sub>

# What is a Mass Intention?

Holy Name Cathedral offers you different possibilities when you request that Mass be celebrated for a particular intention. Requesting a Mass intention means that you are asking that the grace of Christ's sacrifice in his death and resurrection be applied for a particular purpose, for example, for a deceased person or a living person who is ill or in thanksgiving for a favor received.

At Holy Name Cathedral, we celebrate singleintention Masses as well as gathered-intention Masses (Wednesdays at 8:00am and Fridays at 12pm). To request a Mass Intention, please stop by our Rectory during business hours. Any questions, call the Rectory (312) 787-8040.

# **Light a Prayer Candle**

Lighting a candle for your family and friends or for a prayer is an important Catholic tradition. It would be our honor to have one of our resident priests light a



Cathedral Candle on your behalf. They will pray to our Lord to intercede on behalf of your personal intention. Scan the QR code to complete the request form.

# **Wedding Banns**



- Erin Piercy & Daniel Landreman Courtney Dumas & Ryan Weisbeck
- Ш Jennie Gault & Brendan Jaquay Jackie Gustafson & Matt Dorsen Kaitlan Mevers & Tyler Ammerman Kathleen Killian & Patrick Whelan Maggie Druffel & Alex Laflamme
- Ш Martina Luskin & Casey Kloss Melissa Figueroa & Stephen Groshko Casey Bokingo & Evan Bello Natalie Gruszka & Luke Patty

### **Mass Intentions**

Colored dots represent the priest's vestment color

- Monday, Sept. 25 (Weekday in Ordinary Time)
- 7 AM Kathy Reamy
- 8 AM + Paul Pisani
- 12 PM + Sheila McLaughlin
- Tuesday, Sept. 26 (Saint Cosmas and Damian)
- 7 AM + Dolores Gonzalez
- 8 AM + Mercedes Folev
- 12 PM + Sheila McLaughlin
- Wednesday, Sept. 27 (Saint Vincent de Paul)
- 7 AM + Josephine A. Randall
- 8 AM + Katherine McNamara
  - + William Wingren
  - + Dolores Hayssen
  - + Donna Simpson
  - + Filipinas Yee Gonzagas
  - + Maria Saldana
  - + Otilio Arzola Sr.
  - + Eric Rojas
  - + Joseph Ferenzi

Ramesh & Nieva Mehta - 56th Wedding Anniv.

12 PM + Josephine A. Randall

5.15 PM + Mr. Mei-Shiaw

- Thursday, Sept. 28 (Saint Wenceslaus; Saint **Lawrence Ruiz and Companions)**
- 7 AM + Cyriac Pullapilly
- 8 AM + Mercedes Foley
- 12 PM + Ron Chirst
- O Friday, Sept. 29 (Saint Michael, Gabriel and Raphael)
- 7 AM + Bishop John R. Manz
- + Brian Bongat, Mariano Bongat & Simeon Santos 8 AM
- 12 PM + Peregrina Sucaldito
  - + Marie Madrzyk
  - + Jacqueline Gibbons
  - + Natalie Negray
  - + Filipinas Yee Gonzagas
  - + Joseph Lemieux
  - + Mary Puthumana
  - + Ezekiel Allison
  - + Souls in Purgatory

Dolly Jariwala

- Saturday, Sept. 30 (Saint Jerome)
- 9 AM + Mary Rochotte

# Staff Directory \_\_\_

### **Archbishop of Chicago** and Pastor

Cardinal Blase J. Cupich

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Rev. Don Cambe

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Rev. Ton Nguyen

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Rev. Robert Fedek

Rev. John Boivin

Rev. Ramil Fajardo

Rev. Louis Cameli

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Deacon Stan Strom

Deacon Michael McCloskey

### **Oblate Sisters** of Jesus the Priest

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Sr. Maria Luz Lemus

Sr. Maria de los Angeles

### **Special Projects** for the Rector

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### **Director of Music & Organist**

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### **Director of Cathedral** Communications and Service Ministries

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# Peripheral Neuropathy Breakthrough!

"My feet feel like they're on fire."
"Each step feels like I'm walking
through wet paint."
"I live in constant fear that I'll fall."
"I can't sleep, my hands and feet tingle
all night."

What do all of these people have in common? They suffer from peripheral neuropathy. It's estimated that more than 20 million people in the United States have peripheral neuropathy. Unfortunately, this figure may be significantly higher, as the disease is often misdiagnosed because of its wide array of symptoms.

Dr. Amy Wolf, DACM, L.Ac., founder of Herb + Ohm Acupuncture & Integrative Medicine in the Chicago Loop, shares this belief. "I've been treating neuropathy in all its various forms for over 8 years, and so often my patients come to me because of the symptoms, not because of a diagnosis. They hear or read a testimonial of another patient and say to themselves 'hey, I feel the same thing." Carol W. testified to this. "I remember driving to my consultation, and I saw a woman running just outside our neighborhood. I was so envious - I just kept thinking 'I would give anything just to walk again.' My primary care doctor told me my troubles with pain and balance were just symptoms of old age and gave me a prescription. I was so depressed.'

Fortunately, Carol would eventually hear from her daughter-in-law that Amy treats similar symptoms and offers a real solution at Herb + Ōhm. "I just knew I had to see her. She was my last hope."

"Almost all of our patients come to us with a story similar to Carol's. They've been everywhere else. They've been told there's no hope. They've been told 'it's just a part of getting older,' "shares Vanessa, a Patient Care Coordinator at Herb + Ōhm. It just breaks my heart, but I know how much we can help people like Carol so I'm always so happy when they walk through our door."

Peripheral neuropathy is a result of damage to the nerves, and this damage is commonly caused by a lack of blood flow in the hands and feet. A lack of blood flow results in a lack of nutrients; the nerves then begin to degenerate and die, which causes pain ranging from discomfort to debilitating. Because neuropathy is a degenerative condition, once those nerves begin to deteriorate they will continue to do so until they are completely expired, leaving those suffering with crippling balance issues. "In this case, the absence of pain is not necessarily a good thing," shares Amy. "This usually indicates that your nerves are hanging on by a fragile thread."

So how exactly is Amy able to reverse the effects of this degenerative disease?
"Acupuncture has been used to increase blood flow for thousands of years, which helps to get the necessary nutrients to the affected nerves. But the real magic happens when I integrate ATP Resonance BioTherapy". This is technology that was originally developed by NASA to expedite recovery and healing."

"I just can't say enough about Herb + Ōhm," Carol shared through tears of joy. "My grandchildren live so close by, and I struggled taking walks with them and attending their activities. I always stayed home because of the pain and discomfort. Yesterday, I attended a softball game and walked with them around the block! And next week I am going with them to the beach. I am truly living life these days."

According to Carol's test results, she has seen a 74% improvement in pain and functionality, which is "on par with a majority of our patients,"

shares Vanessa. "But more important than those test results is the joy she's expressed being here and hearing about all the amazing things she's able to do because she feels great!"

By seamlessly blending the ancient science of acupuncture with modern medical solutions, Amy has achieved a 90% success rate in reversing the effects of neuropathy. She starts each patient with an initial consultation during which a sensory exam is performed.

"This not only aids in making a proper diagnosis but it helps to define just how much nerve damage has occurred," says Amy. "This is important because if a patient has suffered more than 95% damage, there is little that I can do to help them. I'm familiar with the medical miracle, but I know my limits as a practitioner and the limits of my medicine." When it comes to treating peripheral neuropathy, regardless of its origin, early detection greatly improves your chances of a full recovery.

If you or someone you love are suffering with chronic pain that presents as burning, tingling, or 'pins and needles,' or you've recently been diagnosed with peripheral neuropathy, it's important to know that there are options.

There is hope. **Call 312-757-1882** to schedule an initial consultation or visit **herbandohm.com** to read more incredible success stories.







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Spiellou or Heaven's Diessee Moulieu or Ine Solin God. Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me here you are my mother. Oh Holy Mary, Mother of God, queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me into my necessity. (Make request). There are none that can withstand your power. Oh Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy

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Holy Spirit, you who makes me see everything and shows me the way to reach my ideal, you who gives me the Divine gift to forgive and forget all the wrong that is done to me and you, who are in all instances of my life with me. I, in this short dialogue, I want to thank you for everything, and affirm once more that I never want to be separated from you, no matter how great the material desires might be. I want to be with you and my loved ones in your perpetual glory. To that end and submitting to God's Holy will, I ask from you. (Mention your Request) Amen.

Say this prayer for 3 consecutive days.

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