

Second Wednesday of the Second Week of Advent, December 7, Memorial of St. Ambrose

Isaiah 40:25-31; Mt 11:28-30

I admire the steadfast spirit of St. Ambrose. At a time when the Church was struggling to establish its dogma, Ambrose went up against the imperial leaders rather than cower. He believed what the Christianity would deem as basic tenets of the faith.

In the same way, Jesus calls us to take rest from the daily burdens and labor. Prior to this Scripture excerpt, Jesus admonishes those who refuse to abandon false teachings, and turn their faces from the Good News. To those who listens, the gentle words of Jesus soothe the soul, while others are in turmoil with misdirected minds.

It seems that I feel challenged daily to follow the truth and remain faithful, especially when people advocate strange notions. They seem lost in their anger, heartless in some actions, and no sense of truth. I may not have the courage of St. Ambrose, but with a smile and a kind gesture, I hope I can disarm such futility. It may not be much, but it is a beginning.

Just Jory