

October 15, 2023  
28th Sunday in Ordinary Time

Many are invited, but few are chosen.



# Holy Name Cathedral

## Our Vision

A world in communion with Jesus Christ.

## Our Mission

Holy Name Cathedral, as a Catholic parish and the seat of the Archdiocese of Chicago, forms a community of disciples who inspire, nurture, and join people on their faith journey to encounter and grow in Jesus Christ.

## Mass Schedule

### Monday-Friday

7:00am, 8:00am (livestream) & 12noon  
Wednesday evenings at 5:15pm

### Saturday

9:00am (livestream) & 5:15pm Vigil Mass

### Sunday

7:00am, 8:30am, 10:30am (livestream),  
12:30pm, 5:15pm

### Saturday Reconciliation

9:00am to 12noon

# Reflections from Our Rector



Dear People of God,

Transitions are messy. Let me once again make an important point...

Transitions are messy! And the greatest constant in life is change.

We all seek security and a need for certainty. Don't rock the boat! Don't make waves! However, I reflect often

upon the powerful line from a John Lennon song: "Life is what happened while I was making other plans."

I will never forget a statement shared with me by a woman recovering from a painful time in her life. She stated, "In life, change is inevitable, but growth is optional." Profound words. God is at the root of our life, and through faith, we trust our Lord will steer our ship if we are willing to trust and surrender. New horizons are both exciting and scary. Jesus challenges us to take His hand into new and deeper waters--and the Lord will hold and carry us. I share these words of wisdom to "change" our lives and bring us greater peace.

## Food for Thought

### Health

- Drink plenty of water.
- Eat breakfast like a king, lunch like a prince, and dinner like a beggar.
- Eat more foods that grow on trees and plants and less manufactured food.
- Life with the 3 Es--Energy, Enthusiasm, and Empathy
- Make time to pray.
- Play more games.
- Read more books than you did in 2022.
- Sit in silence for at least 10 minutes each day.
- Sleep for seven hours.
- Take a 10-30 minute walk daily. And while you walk, smile.

### Personality

- Don't compare your life to others. You have no idea what their journey is all about.
- Don't have negative thoughts or things you cannot control. Instead, invest your energy.
- Don't overdo it. Keep your limits.

- Don't take yourself so seriously. No one else does.
- Don't waste your precious energy on gossip.
- Dream more while you are awake.
- Envy is a waste of time. You already have all you need.
- Forget issues of the past. Don't remind your partner of their mistakes of the past.
- Make peace with your past so it won't spoil the present.
- No one is in charge of your happiness except you.
- Realize that life is a school and you are here to learn. Problems are simply part of the journey.
- Smile and laugh more.
- You don't have to win every argument. Agree to disagree.

### Society

- Call your family often.
- Each day, give something good to others.
- Forgive everyone for everything.
- Spend time with people over 70 years old and under the age of 6.
- Try to make at least three people smile each day.
- What other people think of you is none of your business.
- Your job won't take care of you when you are sick. Your friends will. Stay in touch.

### Life

- Do the right thing!
- PRAY. Make Mass a priority.
- God heals everything.
- However good or bad a situation, it will change!
- No matter how you feel, get up, dress up, and show up.
- When you awake alive in the morning, be thankful for it.

The best is yet to come.

Blessings and peace,  
Fr. Greg

## Sign up for our newsletters!



<<< **Weekly Rector's  
Update (every Friday)**

**Young Adults >>>  
Newsletter (bi-weekly)**



## Upcoming Events



### Sunday, October 15

Chicago Shares Available in the Vestibule	8:00 AM
Children's Faith Formation	9:00 AM
15-minute Docent tours	9:30 AM & 11:30 AM
Guardian Angel Mass	10:30 AM
OCIA Inquiry Cohort	10:30 AM
Friends of Fr. Tolton Guest Speaker (Rector)	12:00 PM
Filling Your Spiritual Backpack	6:15 PM

### Monday, October 16

Knitting/Crocheting Ministry	1:30 PM
Stewardship Pillar Advisory Council Meeting	6:00 PM

### Tuesday, October 17

Young Adults Advisory Council Meeting	6:00 PM
Young Adults Men's Bible Study	7:00 PM
Young Adults Women's Bible Study	7:00 PM

### Wednesday, October 18

Service Pillar Advisory Council Meeting	6:00 PM
Wednesday Evening Bible Study Group	6:30 PM

### Thursday, October 19

Blessings in a Backpack	9:00 AM
Thursday Morning Bible Study Group	10:15 AM
Career Network (via Zoom) Webinar	7:00 PM

### Saturday, October 21

Confessions on the Lower Level of Cathedral	9:00 AM
Parish Day of Service	9:00 AM
Frassati Small Groups I, II, III, & IV	9:00 AM

## On the Cover

### "The Parable Of The Wedding Feast" by Pieter Aertsen (1508-1575), Florida

Today's parable from Matthew compares the kingdom of heaven to a king and his lavish feast for his son's wedding.



The parable never indicates who is making this comparison and that is part of Jesus' response to the religious leaders, who question his authority after his celebrated entry into Jerusalem and his cleansing of the Temple. The closing statement, "Many are invited, but few are chosen" (Matthew 22:14), may conclude Jesus' series of the three parables instead of just this one. Perhaps, the chosen may refer to people who reject this parable's comparison. As we continue our journey to the feast of the kingdom, our response to God's feast may ebb and flow. In prayer this week, consider your response to the invitation. Will you come or will you refuse? Will you be prepared.

Source: The Almanac for Pastoral Liturgy 2023

## Contact Us

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**Rector:** 730 N. Wabash Ave., Chicago, IL 60611

Open Monday – Saturday 9am – 4pm

Open Sundays 9am – 2pm

**Cathedral:** 735 N. State St., Chicago, IL 60654

## Follow Us

**Facebook:** @HolyNameChicago

**Instagram:** @HolyNameCathedral

**Twitter:** @HolyNameChicago

**YouTube Channel:** Subscribe to Holy Name Cathedral



### Volunteer at Holy Name

Interested in volunteer opportunities at Holy Name Cathedral? Scan this QR code, we will be in touch with you!

# Order of Worship

The Precious Blood will be offered only at the 10:30am Mass. We will have two stations at the front of the Cathedral near the altar. Please sit in the front two sections if you plan to receive from the cup.

## Prelude (10:30 a.m. & 12:30 p.m.)

### Toccata in F Major

Johann Ernst Eberlin

## Entrance Hymn

### My Shepherd, You Supply My Need

Worship Hymnal #708

## Gloria

### Mass of St. Ann (10:30 a.m. & 12:30 p.m.)

Ed Bolduc

### Congregational Mass (all other Masses)

Worship Hymnal #324

## First Reading

### Worship Hymnal #1190

Isaiah 25:6-10a

## Responsorial Psalm

Psalm 23:1-3a, 3b-4, 5, 6

I shall live in the house of the Lord  
all the days of my life.

## Second Reading

Philippians 4:12-14, 19-20

## Gospel Acclamation



To all our faithful parishioners  
who give of their time, talent  
and treasure – thank you  
for your generosity.

To all of our visitors today from all  
over the country and world, know  
that your monetary gift will go toward the support of  
the mission and ministries of Holy Name Cathedral.  
Thank you for your generosity.



## Gospel

Matthew 22:1-14 or 22:1-10

## Offertory Hymn

### With a Shepherd's Care

Worship Hymnal #710

## Holy, Holy

Mass of Creation Worship Hymnal #365

## Memorial Acclamation

Mass of Creation Worship Hymnal #366

## Amen

Mass of Creation Worship Hymnal #367

## Lamb of God

Mass of Creation

## Communion Antiphon

Remove from me all scorn and contempt,  
for I have kept your commandments.

## Communion Hymn

### Come to the Banquet

Worship Hymnal #928

## Communion Motet (10:30 a.m. & 12:30 p.m.)

### Ave Maria Guillaume Bouzignac

Hail, Mary, full of grace, the Lord is with you. Blessed  
are you among women and blessed is the fruit of your  
womb, Jesus. Holy Mary, Mother of God, pray for us  
sinners now and at the hour of our death. Amen.

## Recessional Hymn

### The Kingdom of God

Worship Hymnal #720

## Postlude (10:30 a.m. & 12:30 p.m.)

### Fugue in D Major

Johann Ernst Eberlin

## Catholic Illuminations

# Think on What is Above with Our Cathedral's Pipe Organs

By Fr. Andy Matijevic

**T**he Cathedral has many interesting facts and points of interest. If you haven't already done so, please stay for a quick tour of the Cathedral offered every Sunday after the 8:30 and 10:30am Masses by one of our trained and wonderful volunteer docents. Learn about the history and architecture and interesting facts about the Cathedral in less than 20 minutes! For a more in-depth walking tour, join us after the 12:30pm Mass on the first or third Sunday of the month, where you will learn more about each element in our Cathedral, including our music elements.

Music is a crucial part of the Church's life because, at times, music adds to what the soul cannot say. We are blessed here at the Cathedral with a robust and talented Music Department under the beautiful direction of David Jonies, our Music Director and Organist, and Liz Vasiljevic, Associate Director of Music. Parishioners and worldwide visitors remark on the extraordinary music during our Cathedral worship services, from Sunday Mass to Holy Week Tenebrae to Advent Vespers. We are grateful for all our talented musicians who every week provide everyone who passes through the Cathedral doors an encounter with God in song and music.

Our gallery organ is one of the most memorable parts of our music program. It is a highlight of our tours and quite picture-worthy! After five years of work in the workshop of Flentrop Orgelbouw in Zaandam, Holland, the Flentrop organ was dedicated on July 19, 1989. The first song played on the organ was "Happy Birthday" as the donor, Mrs. Alice O'Malley Robinson, sat in the sanctuary, facing the organ, on her 101st birthday. The organ contains 5,558 pipes, 117 ranks in 71 stops, four keyboards and a pedalboard. It is the largest mechanical organ in the Chicago area.

Another unique feature of our organ is the *zimbelstern*. It is a special stop that allows the star in the center of the



organ to spin and produce a twinkling sound.

In 2007, the U.S. Conference of Catholic Bishops released a document entitled "Sing to the Lord." Paragraph 88 says, "Pipe organs also play an important evangelical role in the Church's outreach to the wider community in sacred concerts, music series, and other musical and cultural programs." The music selected at the liturgy and for concerts should, foundationally, lead someone to ponder the wondrous mystery of God and raise the mind to, as St. Paul says, "Think on what is above" (Colossians 3:2).

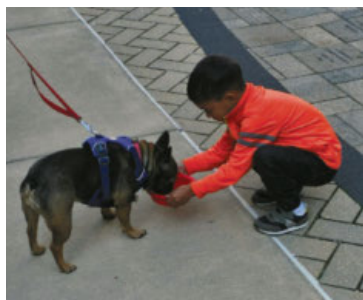
**We invite you to join us at the Cathedral on Thursday, Oct. 26 at 7:00pm for the 2023-2024 Cathedral Concert Series opening concert.** Johann Vexo, choir organist from Notre Dame Cathedral in Paris, will perform at this concert. For more details, go to Page 10 of today's bulletin, and please consider becoming a concert sponsor. Join us as we hear the wonderful music of our Catholic tradition played by one of the most gifted organists and hear our Flentrop organ's beautiful workings. This concert series is a way for us to realize all we have is a gift, and like coming together around the altar for Mass, every time we use the gifts God has given us, we give glory and honor to his most Holy Name.

## Guardian Angel Mass to Honor First Responders

**This Sunday! Oct. 15 at 10:30am**

All are welcome to join this special Mass on Sunday, Oct. 15 at 10:30am in recognition of the service all First Responders offer to our city. Fr. Dan Brandt, Chicago Police Chaplain, will be the main celebrant and homilist.





## Pet Mass & Blessing

Fr. Andy Matijevic presided, with Fr. Greg Sakowicz concelebrating, at a special outdoor Mass in the Courtyard where pet parents brought their animals to celebrate the feast of St. Francis of Assisi, the patron saint of animals and the environment, in the Cathedral Courtyard on Sept. 30. Following the Mass, animals were individually blessed by both priests. Photos by: Karen Callaway/Chicago Catholic



## The Stump of Jesse

### Discovering the Mother's Love — Part III

By Fr. Ton Nguyen

**A**s I wandered through the streets of Rome this past week, my steps echoing on the ancient cobblestones, I immersed myself in a journey of faith and reflection. The Eternal City bore witness to centuries of human devotion and creativity, leaving an indelible mark on one's soul.

Walking around 25,000 steps daily, the magnificent Basilicas drew me in. Their grandeur and beauty were awe-inspiring. Every sculpture, every stroke of paint and every stained-glass window reflected the dedication and love of those who had poured their souls into creating these sacred arts. It was a testament to their unwavering faith and desire to express their love for the Lord. As I marveled at the intricate details, I whispered, "It is too beautiful. How could one not believe in God?"

One recurring theme that struck me through Rome was the depiction of the Assumption of Mary. Almost every church had a marvelous representation of this event. It was a reminder of Mary's profound love and devotion to the Lord. Mary's response to the angel's announcement was a model of faith. She "considered in her mind what sort of greeting this might be," engaging in an interior dialogue with the Word. The Assumption teaches that God took Mary's body and soul into heaven at the end of her earthly life. There are three other dogmas concerning Mary: The Mother of God highlights Mary's unique role as the mother of Jesus, who is both fully divine and fully human; The Immaculate Conception asserts that Mary was conceived without original sin; and the Perpetual Virginity affirms that Mary remained a virgin throughout her life.

Overwhelmed by the beauty of these sacred places and the faith and devotion depicted in the artwork, I couldn't help but ponder how we can emulate Mary's unwavering love for the Lord, capable of moving mountains, in our everyday lives. I love being a priest! JMJ



## Friends of Fr. Tolton Upcoming Presentation

**Sunday, Oct. 15, noon in the Rectory**

Please join the Friends of Fr. Augustus Tolton on Sunday, Oct. 15, at noon in the Rectory for a dynamic presentation on the life of Fr. Augustus Tolton and his journey to sainthood by Dr. C. Vanessa White, an Assistant Professor of Spirituality and Ministry, Director of the Augustus Tolton Pastoral Ministry Program, Catholic Theological Union. We look forward to seeing you there to learn more about this great man.



C. Vanessa White

## Salon Series Continues with Controversial Pope Pius XII

**Saturday, Oct. 28 at 2:00pm in Club Room**

Our Salon discussion on Oct. 28 in the Club Room will focus on the Pope Pius XII. Cardinal Eugenio Pacelli was elected Pope Pius XII in 1939, on the eve of the Second World War. During his pontificate (which lasted until 1958), Pius XII sought to lead the Church through one of the most demanding and perilous political environments in human history. Claimed as a saint by his supporters, and "Hitler's Pope" by his critics, Pope Pius XII's leadership remains deeply controversial to this day.

The assessment of his legacy has been further complicated by the release of thousands of new documents from the Vatican Secret Archives in March 2020. Please join us in the Rectory, where historian Dr. Edward E. Gordon will help us make sense of the complex decisions of the Vatican during the rise and fall of Nazi Germany. No advance registration is needed.

## Congratulations to our Cathedral 2023 Winners of the Christifideles Award

This award is bestowed upon an individual Catholic layperson who has demonstrated by participation in parish life, the personal and ministerial renewal called for by the Papal Exhortation, Christifideles Laici, calling the laity to the vocation of responsibility for the Church's life springing from the gift and mission of their baptism. This award is awarded annually.

Congratulations to our 2023 winners: Ursula Aguirre, Pearl Gonzales and Deb Kubes

These dedicated disciples provided many years of leadership within our Faith Community through their never-ending gift of time and talents. Starting well before COVID, these individuals were instrumental in helping the Cathedral reopen and restart liturgical ministries, evangelization programs, and service programs—all which were on hiatus due to the pandemic. Since then, they dedicated themselves to building back these ministries through engagement with new and current ministers, the creation of new processes to accommodate asylum seekers, and consistently providing above and beyond



**The 2023 winners of the Christifidelis Award from Holy Name Cathedral, with Fr. Greg are (from left) Pearl Gonzales, Ursula Aguirre and Deb Kubes.**

service to our community. Their generous hearts are filled with the spirit to reach out and listen to others in need. They each epitomize 'all are welcome' in many quiet interactions with so many of our parishioners, visitors, guests, and new inquirers of our faith. Congratulations and thank you to these three individuals. We are blessed to have you in our Faith Community!



## Who is Blessed Carlo Acutis?

You may have encountered the two groups who are discerning to become Catholic. Eventually, the groups will become one in November, preparing for full initiation at the Easter Vigil, 2024. It has become a practice for each cohort to gather under the patronage of a saint or one in the process of canonization. For this cohort, Blessed Carlo Acutis is the patron.

Born in 1991, Carlo grew up in an affluent yet nonreligious household. However, from his reception of the Eucharist at the age of seven, Carlo faithfully attended Mass daily. In his daily interactions, he defended those bullied and accompanied friends whose parents were in the process of divorce. He actively picked up trash, cared for a small ark of pets, prayed for others, and befriended children and adults without prejudice.

Noteworthy was his skill in computer technology, skills congruent to college-level comprehension. He evangelized to those searching for purpose, seeking strength in faith journeys, and cataloging Eucharistic miracles and resources.

Diagnosed with leukemia, Carlo died in 2006 at 15 and was buried in a pair of Nikes, jeans, and tracksuit jacket. In 2020, Pope Francis declared Carlo Acutis "Blessed" one step away from sainthood.

## Join Us for Our Upcoming Annual Parish Day of Service

**Saturday, Oct. 21, 9:00am to 4:00pm; Event to Focus on Issues of Homelessness**

### What is the Parish Day of Service?

Once a year, we gather as many people as possible from our Faith Community to serve our local community. This year, we will be focusing on projects that help local homeless and have added a panel discussion with local experts.

### What does the day look like?

**Morning:** We will meet up in the Courtyard (or Cafeteria if there is bad weather) for a light breakfast. Everyone will be assigned to a team with a designated team leader. This is a great way to meet new people and help to serve others at the same time.

**Mid-Morning:** A panel will discuss the causes of homelessness and solutions their organizations are working on to help. This will be followed by a short prayer service.

- **Shiloh Capone, Executive Director of Street Samaritans**, a group that intervenes in the cycle of homelessness and poverty by connecting people to solutions and walking with them on their journey.
- **Hector Perez of Union League Boys & Girls Club** will discuss the challenges and ways they have been serving the migrants who have entered Chicago.
- **Sr. Stephanie Baliga**, of the **Mission of Our Lady of the Angels**, spends most of her time moving people, resources, and money to help support over 3,000 families each month with food and other basic needs.
- **Paul Gilmet, Regional Director of Rosecrance**, will speak on mental illness and substance addiction concerning homelessness.

**Late Morning/Early Afternoon:** We will head out to volunteer at one of our partner organizations.



Transportation will be provided for those who don't have a car. Here are a few of the nonprofits we've partnered with:

- **Union League Boys & Girls Clubs at the Barreto Club for Smart Girls** is a program designed to help girls ages 12-13 develop and adopt a healthy attitude and lifestyle. Volunteers will have the opportunity to spend the day with our Smart Girls, participate in arts and crafts, design bulletin boards for fall, and decorate home herb gardens while providing a moment of mentorship for our Smart Girls.
- **Covenant House** builds a bridge to hope for young people facing homelessness and survivors of trafficking by means of unconditional love, absolute respect and relentless support of its programs. Our projects will include landscaping and beautification of the facilities' parking lot green areas and repainting of the parking lot wall.
- **The Mission of Our Lady of the Angels** is a missionary outreach to the poor in W. Humboldt Park. Mission OLA currently supports 3,000 families monthly with food and other essential resources. The Mission directly supports senior citizens, families, and, additionally, children through a partnership with the YMCA.

We will also have other projects in our immediate area as well as onsite if you are not able to travel.

**Late Afternoon:** Teams will return to the Cathedral where we will have an opportunity to share with one another what we learned during our projects. After, we will have time for fellowship with pizza and refreshments.

**Register Today!** Scan the QR code or go to [tinyurl.com/HNCservice23](https://tinyurl.com/HNCservice23) to sign up you and your friends and family.

## Remember Those Who Have Died on Feast of All Souls

**Special Mass at 5:15pm on Thursday, Nov. 2**

On All Souls Day, we remember those who have gone before us and sleep in the light of Christ, especially those we loved including our parents, grandparents, siblings, family members and friends. Those we loved in life who have gone before us hold a special place in our hearts. It is in gratitude and reverence that we remember them.



If you would like to request a prayer intention for the Feast of All Souls, please use the QR code provided.



Loved ones will be remembered in prayer by our Cathedral priests, deacons, sisters, and staff throughout the month of November. Please plan to join us for our annual All Souls Mass on Thursday, Nov. 2 at 5:15pm.

## World Mission Sunday

**Second Collection Oct. 21-22**

Get ready to set your “Hearts on Fire, Feet on the Move,” is the message of Pope Francis for World Mission Sunday 2023! Next weekend, we celebrate World Mission Sunday and unite with fellow Catholics around the globe. We will renew our call to become missionary disciples of Jesus Christ by reflecting on the story of the disciples on the way to Emmaus. We will also offer our support for the Church’s missionary activity in the most remote and resource-limited areas of the world through the annual collection. Prepare to support the work of the Pontifical Mission Society for the Propagation of the Faith with your prayers and generosity. Thank you for your daily witness to the Love of Christ!



**Holy Name Cathedral Concert Series**

## Johann Vexo, Choir Organist from the Cathedral of Notre-Dame, Paris

**Thursday, Oct. 26 at 7pm**

Join us for a special evening of musical entertainment as we host the artistic talents of Johann Vexo, Choir Organist of the Cathedral of Notre Dame in Paris. Born in France, Johann’s musical talents have been influenced by the rich musical and cultural heritage of his upbringing. He is considered by some as one of the greatest French organists of our time. There is no charge to attend the concert. Please register for the event using the QR code and consider donating to the event. Proceeds support the mission and ministries of Holy Name Cathedral including our Music Ministry and the Cathedral Concert Series.



**Johann Vexo**



## A Little Humor from the Rector



**“Imagine if you will ...  
An atheist stuck at a green light  
behind a car with a ‘Honk if you  
love Jesus’ bumper sticker!”**

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### Career Network Webinar

## Learn Best Practices for Your Job Search

**Thursday, Oct. 19 at 7pm**

Join us on Thursday, Oct. 19 at 7pm for our October webinar entitled: Best Practices for Your Job Search. Our speaker, Anita Jenke is the Executive Director of the Career Transitions Center of Chicago. The workshop will help participants understand how to prepare for and manage their job search. It will explore the importance of networking, introduce key websites and tools for researching companies and promoting your brand. Please scan the QR code to register.



Anita Jenke



## Filling Your Spiritual Backpack: St. Teresa of Avila

**Sunday, Oct. 15, after 5:15pm Mass**

St. Teresa is one of two women bestowed with the title of “Doctor of the Church.” Her life personified the mysticism of her writings, namely “The Interior Castle.” We will explore the symbolism, imagery, and call to venture beyond the ordinary into the depths and joy of a relationship with Jesus Christ. Dr. Kenneth Ortega, Director of Evangelization, will lead the discussion. We will meet in the Club Room. No advance registration is necessary.



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## Join Us for Frances Xavier Ward School’s Preschool & Kindergarten Info Night

**Thursday, Nov. 9, 6:30pm – 8:00pm**

Doors open at 6:15pm. Presentations on our 3- & 4-year-old Preschool and Kindergarten programs begin promptly at 6:30pm at the Old St.

Patrick’s Campus (120 S. Desplaines St.). This evening is designed for parents only. If you have questions? Call (312) 268-2543. Scan the QR code or visit [fxw.org](http://fxw.org) to register for the evening.



## What is a Mass Intention?

Holy Name Cathedral offers you different possibilities when you request that Mass be celebrated for a particular intention. Requesting a Mass intention means that you are asking that the grace of Christ's sacrifice in his death and resurrection be applied for a particular purpose. To request a Mass Intention, please stop by our Rectory. Any questions, call **(312) 787-8040**.

## Light a Prayer Candle



Lighting a candle for your family and friends or for a personal prayer is an important Catholic tradition. We know many of you may not be able to come into the Cathedral to light the candle yourself. It would be our honor to have one of our resident priests light a Cathedral Candle on your behalf. They will pray to our Lord to intercede on behalf of your personal intention. Scan the QR code to complete the request form.



## Wedding Banns



- I Abigail Susko & Adam Wasserman  
Jane Patzke & Justin Erb  
Mallory Przybylinski & Johnny Banchero  
Daniela Robles & Anthony Contreras
- II Lillian Leist & John Harmon  
Kaylin Rhoads & Zachary Hanson
- III Katarina O'Byrne & Anthony Rosetti

## In Memoriam

- Frank Kloht



## Mass Intentions

*Colored dots represent the priest's vestment color*

### Week of Oct. 16 to 21

#### ○ Monday, October 16 (Saint Hedwig, Saint Margaret Mary Alacoque)

- 7 AM + Laura Janulis
- 8 AM + Jesus Vasquez Sario
- 12 PM + Emerson Gardner

#### ● Tuesday, October 17 (Saint Ignatius of Antioch)

- 7 AM + Cyriac Pullapilly
- 8 AM + Brian Bongat, Mariano Bongat & Simeon Santos
- 12 PM + Kathrine McNamara

#### ● Wednesday, October 18 (Saint Luke)

- 7 AM + Virginia Wannstedt
- 8 AM + Marie Madrzyk, Becky Chalkey,  
+ Brian Bongat, + Clement Juris,  
+ Louis & Eleanor Levin, + Louis J. Nicastro,  
+ Flor Leda, + Deacon Thomas M. Paluch,  
+ Kathleen Dedow, + Ida Saloma
- 12 PM + Silveria & Bernardo Fernandez
- 5.15 PM + Raynaldo Reyes

#### ● Thursday, Oct. 19 (Saint John Brebeuf & Isaac Jogues)

- 7 AM Francisca Lemus
- 8 AM + Brian Bongat, Mariano Bongat & Simeon Santos
- 12 PM + Ilija Jovanovic

#### ○ Friday, October 20 (Saint Paul of the Cross, Priest)

- 7 AM + Victor Sison
- 8 AM + Irene Bustillo Flores
- 12 PM Jimmy Chalkey, + Joseph Lemieux, Sue Ramirez,  
+ Louis J. Nicastro, + Shirley Olsen,  
+ John B. Kos, Joseph Monroe, + Luke Laidley,  
+ Mairead Healy, + Matthew Boivin

#### ● Saturday, October 21 (Weekday in Ordinary Time)

- 9 AM + Dr. Manuel Tantoco

# Staff Directory

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Cardinal Blase J. Cupich

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# Peripheral Neuropathy Breakthrough!

"My feet feel like they're on fire."  
"Each step feels like I'm walking through wet paint."  
"I live in constant fear that I'll fall."  
"I can't sleep, my hands and feet tingle all night."

What do all of these people have in common? They suffer from **peripheral neuropathy**. It's estimated that more than 20 million people in the United States have peripheral neuropathy. Unfortunately, this figure may be significantly higher, as the disease is often misdiagnosed because of its wide array of symptoms.

Dr. Amy Wolf, DACM, L.Ac., founder of Herb + Ohm Acupuncture & Integrative Medicine in the Chicago Loop, shares this belief. "I've been treating neuropathy in all its various forms for over 8 years, and so often my patients come to me because of the symptoms, not because of a diagnosis. They hear or read a testimonial of another patient and say to themselves 'hey, I feel the same thing.'" Carol W. testified to this. "I remember driving to my consultation, and I saw a woman running just outside our neighborhood. I was so envious - I just kept thinking 'I would give anything just to walk again.' My primary care doctor told me my troubles with pain and balance were just symptoms of old age and gave me a prescription. I was so depressed."

Fortunately, Carol would eventually hear from her daughter-in-law that Amy treats similar symptoms and offers a real solution at Herb + Ohm. "I just knew I had to see her. She was my last hope."

"Almost all of our patients come to us with a story similar to Carol's. They've been everywhere else. They've been told there's no hope. They've been told 'it's just a part of getting older,'" shares Vanessa, a Patient Care Coordinator at Herb + Ohm. It just breaks my heart,

**but I know how much we can help people like Carol so I'm always so happy when they walk through our door."**

Peripheral neuropathy is a result of damage to the nerves, and this damage is commonly caused by a lack of blood flow in the hands and feet. A lack of blood flow results in a lack of nutrients; the nerves then begin to degenerate and die, which causes pain ranging from discomfort to debilitating. Because neuropathy is a degenerative condition, once those nerves begin to deteriorate they will continue to do so until they are completely expired, leaving those suffering with crippling balance issues. "In this case, the absence of pain is not necessarily a good thing," shares Amy. "This usually indicates that your nerves are hanging on by a fragile thread."

So how exactly is Amy able to reverse the effects of this degenerative disease? "Acupuncture has been used to increase blood flow for thousands of years, which helps to get the necessary nutrients to the affected nerves. But the real magic happens when I integrate ATP Resonance BioTherapy™. This is technology that was originally developed by NASA to expedite recovery and healing."

**"I just can't say enough about Herb + Ohm," Carol shared through tears of joy. "My grandchildren live so close by, and I struggled taking walks with them and attending their activities. I always stayed home because of the pain and discomfort. Yesterday, I attended a softball game and walked with them around the block! And next week I am going with them to the beach. I am truly living life these days."**

According to Carol's test results, she has seen a 74% improvement in pain and functionality, which is "on par with a majority of our patients,"

shares Vanessa. "But more important than those test results is the joy she's expressed being here and hearing about all the amazing things she's able to do because she feels great!"

By seamlessly blending the ancient science of acupuncture with modern medical solutions, Amy has achieved a 90% success rate in reversing the effects of neuropathy. She starts each patient with an initial consultation during which a sensory exam is performed.

"This not only aids in making a proper diagnosis but it helps to define just how much nerve damage has occurred," says Amy. "This is important because if a patient has suffered more than 95% damage, there is little that I can do to help them. I'm familiar with the medical miracle, but I know my limits as a practitioner and the limits of my medicine." When it comes to treating peripheral neuropathy, regardless of its origin, early detection greatly improves your chances of a full recovery.

If you or someone you love are suffering with chronic pain that presents as burning, tingling, or 'pins and needles,' or you've recently been diagnosed with peripheral neuropathy, it's important to know that there are options.

There is hope. **Call 312-757-1882** to schedule an initial consultation or visit [herbandohm.com](http://herbandohm.com) to read more incredible success stories.



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Oh most beautiful flower of Mt. Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me here you are my mother. Oh Holy Mary, Mother of God, queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me into my necessity. (Make request). There are none that can withstand your power. Oh Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hand (three times). Say this Prayer for 3 consecutive days.

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Holy Spirit, you who makes me see everything and shows me the way to reach my ideal, you who gives me the Divine gift to forgive and forget all the wrong that is done to me and you, who are in all instances of my life with me, I, in this short dialogue, I want to thank you for everything, and affirm once more that I never want to be separated from you, no matter how great the material desires might be.  
 I want to be with you and my loved ones in your perpetual glory. To that end and submitting to God's Holy will, I ask from you. (Mention your Request) Amen.  
 Say this prayer for 3 consecutive days.

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