

October 8, 2023  
27th Sunday in Ordinary Time

The kingdom of God will be taken away from you  
and given to a people that will produce its fruit.



# Holy Name Cathedral

## Our Vision

A world in communion with Jesus Christ.

## Our Mission

Holy Name Cathedral, as a Catholic parish and the seat of the Archdiocese of Chicago, forms a community of disciples who inspire, nurture, and join people on their faith journey to encounter and grow in Jesus Christ.

## Mass Schedule

### Monday-Friday

7:00am, 8:00am (livestream) & 12noon  
Wednesday evenings at 5:15pm

### Saturday

9:00am (livestream) & 5:15pm Vigil Mass

### Sunday

7:00am, 8:30am, 10:30am (livestream),  
12:30pm, 5:15pm

### Saturday Reconciliation

9:00am to 12noon

# Reflections from Our Rector



Dear People of God,

The loyalty (though frustrated) of Cubs, Bears & White Sox fans in Chicago and across the country is staggering. Win or lose, Chicago sports followers never lose hope and display their loyalty in good times and bad (however, we have reached our

breaking point with the Chicago Bears!).

Can the same be said of us as followers of Jesus Christ? Are we loyal to our Lord Jesus Christ in good and hard times? This question has always haunted me – If we were arrested for being Christians, would there be enough evidence to convict us? Do we lose hope when life throws us a curve? The Lord Jesus says, “Follow me.” It demands loyalty, faith, trust, letting go, and enthusiasm. Living is never easy, and life is what happened while I was making other plans!

Loyalty and hope in Our Lord are points of reference that help us “get out of ourselves” and point us to a life of service and love toward others --- especially the poor. To love and help other people is to touch the face of God -- so I share with you the following story...

An older African American woman was standing on the side of an Alabama highway late one night, trying to endure a lashing rainstorm. Her car had broken down, and she desperately needed a ride. Soaking wet, she decided to flag down the next vehicle. A young white man stopped to help her, generally unheard of in those conflict-filled 1960s.

The man took her to safety, helped her get assistance, and put her into a taxicab. She seemed in a hurry but wrote down his address and thanked him. He forgot about the incident soon afterward.

Seven days passed, and a knock came on the man's door. To his surprise, a giant color TV was delivered to his home.

A special note was attached. It read: “Thank you so much for assisting me on the highway the other night. The rain drenched not only my clothes but also my spirits. Then you came along. Because of you, I could make it to my dying husband's bedside just

before he passed away. God bless you for helping me and unselfishly serving others.”

Sincerely,  
Mrs. Nat King Cole

The colors will change as we continue into our Fall Season, and colder weather will begin taking over, signaling the colder months ahead. Try a little humor to warm your hearts...

One day, a little girl watched her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast to her brunette head.

She looked at her mother and asked, “Why are some of your hairs white, Mom?”

Her mother replied, “Well, every time you do something wrong and make me cry or unhappy, a hair on my head turns white.”

The little girl thought about this revelation and said, “Mommy, how come ALL of grandma's hairs are white?”

And I conclude with...

The children lined up in a Catholic grammar school cafeteria for lunch. At the head of the table was a large pile of apples. The teacher made a note and posted it on the apple tray:

“Take only ONE. God is watching.”

Moving further along the lunch line, a large pile of chocolate chip cookies was at the other end of the table.

A child had written a note, “Take all you want. God is watching the apples.”

Fallish thoughts,  
Fr. Greg

**Note from the Rector:** It is with great sadness that I join Cardinal Blase Cupich and our entire Faith Community in mourning the passing of Bishop Kevin Birmingham. I met Kevin as an 18-year-old college freshman in 1989 and he lived with us at the Cathedral Rectory from 2014 to 2020. He was truly a kind, dedicated, faith-filled, and generous priest. Bishop Kevin always had a wonderful sense of humor and joyfully joined in serving our parish through Cathedral Masses. We will all miss him immensely. May God bless him eternally.



## Upcoming Events



### Sunday, October 8

15-minute Docent tour	9:30 & 11:30 AM
CFN Meeting	2:00 PM
Young Adult Music Ministry	4:15 PM
Post-Marathon Race Blessing at 5:15pm Mass	5:15 PM

### Monday, October 9

Federal Holiday; Rectory Open; Regular Mass Schedule	
7:00am Daily Mass	7:00 AM
8:00am Daily Mass (Livestream)	8:00 AM
12noon Daily Mass	12:00 PM

### Tuesday, October 10

Young Adults Men's Bible Study	7:00 PM
Young Adults Women's Bible Study	7:00 PM

### Wednesday, October 11

Wednesday Evening Bible Study	6:30 PM
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### Thursday, October 12

Blessings in a Backpack	9:00 AM
Thursday Morning Bible Study Group	10:15 AM

### Friday, October 13

Frassati Small Groups Evening Gathering	5:30 PM
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### Saturday, October 14

Confessions on the Lower Level of Cathedral	9:00 AM
Frassati Small Groups I, II, III, & IV	9:00 AM
Life Lost: A Pastoral Response to Miscarriage and Stillborn	6:15 PM

## Sign up for our newsletters!



<<< **Weekly Rector's Update** (every Friday)

**Young Adults >>>**  
Newsletter (bi-weekly)



## On the Cover

### "Parable of the Laborers in the Vineyard" (c. 1880) by Lawrence W. Ladd, at Smithsonian American Art Museum

Matthew's Gospel parable extends the metaphor the earlier readings of God's people as a vine that God has planted deliberately and carefully. The Gospel refers to God as a



landowner who planted a vineyard and rents it out to tenants, but these tenants end up trying to take over the vineyard with violence, include the killing of the landowner's slaves and heir.

We are the people of God's vineyard. God looks out for us and tends to our needs. God cherishes us, saves us, and grants us peace as we journey to Jerusalem with Jesus. God gives us the responsibility to produce fruit in the divine vineyard. The arrogance and self-righteousness of the chief priests and elders have no place in the vineyard of the kingdom. Rather, the virtues of truth, honor, justice, purity, love, and grace are ours to adopt as we produce fruit. They are the way of humanity, the way of the Cross, the way of Jesus.

Source: The Almanac for Pastoral Liturgy

## Contact Us

**Phone number:** (312) 787-8040

**Email:** [mycathedral@holynamcathedral.org](mailto:mycathedral@holynamcathedral.org)

**Rectory:** 730 N. Wabash Ave., Chicago, IL 60611

Open Monday – Saturday 9am – 4pm

Open Sundays 9am – 2pm

**Cathedral:** 735 N. State St., Chicago, IL 60654

## Follow Us

**Facebook:** @HolyNameChicago

**Instagram:** @HolyNameCathedral

**Twitter:** @HolyNameChicago

**YouTube Channel:** Subscribe to Holy Name Cathedral

# Order of Worship

The Precious Blood will be offered only at the 10:30am Mass. We will have two stations at the front of the Cathedral near the altar. Please sit in the front two sections if you plan to receive from the cup.

## Prelude (10:30 a.m. & 12:30 p.m.)

### Toccata Ottava di durezze e ligature

Girolamo Frescobaldi

## Entrance Hymn

### The Church of Christ, in Every Age

Worship Hymnal #785

## Gloria

### Mass of St. Ann (10:30 a.m. & 12:30 p.m.)

Ed Bolduc

### Congregational Mass (all other Masses)

Worship Hymnal #324

## First Reading

### Worship Hymnal #1187

Isaiah 5:1-7

## Responsorial Psalm

Psalm 80:9 and 12, 13-14, 15-16, 19-20

*The vineyard of the Lord is the house of Israel.*

## Second Reading

Philippians 4:6-9

## Gospel Acclamation



To all our faithful parishioners  
who give of their time, talent  
and treasure – thank you  
for your generosity.

To all of our visitors today from all  
over the country and world, know  
that your monetary gift will go toward the support of  
the mission and ministries of Holy Name Cathedral.  
Thank you for your generosity.



## Gospel

Matthew 21:33-43

## Offertory Hymn

### I Will Be the Vine

Liam Lawton

## Holy, Holy

### Mass of Creation

Worship Hymnal #365

## Memorial Acclamation

### Mass of Creation

Worship Hymnal #366

## Amen

### Mass of Creation

Worship Hymnal #367

## Lamb of God

### Mass of Creation

## Communion Antiphon

*My soul aspires after your salvation;  
I hope in your word.*

## Communion Hymn

### One Bread, One Body

Worship Hymnal #931

## Communion Motet

**Ave Maria** by Anton Dvorak (Sat. 5:15 p.m.)

**Bogoroditse Devo** by Sergei Rachmaninov  
(10:30 a.m. & 12:30 p.m.)

## Recessional Hymn

### The Keeper of a Vineyard

Worship Hymnal #745

## Postlude (10:30 a.m. & 12:30 p.m.)

### Cazona Quarta

Girolamo Frescobaldi

## Catholic Illuminations

# Clearing Up Misunderstandings over Anointing of Sick

By Fr. Andy Matijevic

**T**he Anointing of the Sick is one of the Church's seven sacraments. Along with the Sacrament of Reconciliation, they are the sacraments of healing. There has been a lot of misunderstanding surrounding the Sacrament of Anointing of the Sick, and many incorrectly associate it only to be celebrated in the hour of death. But the reality is the Sacrament of the Anointing of the Sick, like the other six Sacraments, is for the living. We celebrate the Sacrament of the Sick at moments in our life when we need healing, though sometimes that healing also occurs at the moment of death.



Like all Sacraments, the Anointing of the Sick brings one into an encounter with Jesus Christ. The Sacrament enables sick persons to find solace and comfort during their illness and allows them to live out their call of discipleship in their condition. The beginning pages of the *Praenotanda* of the Ritual for the Anointing of the Sick says, "By their witness, the sick show that our mortal life must be redeemed through the mystery of Christ's death and resurrection" (Pastoral Care for the Sick, 3). We see that the passion, death, and resurrection of Jesus have touched everything that happens in this life.

The celebration of the Anointing of the Sick is personal and communal, that is, something that belongs to the individual and the Church community. It is personal because the individual receives the grace of the Holy Spirit. It is communal because the church community unites in prayer for the ill person. This approach stands in sharp contrast to the way sick people are sometimes treated in our society. Before the Second Vatican Council (1962-1965), the Anointing of the Sick was celebrated in extremis as a person approached death. So, it was known as "Last Rites" and "Extreme Unction. The Council affirmed that this was indeed a sacrament for the sick and not only for those near death (Constitution on the

Sacred Liturgy, n. 73). The personal and communal aspects of the Sacrament show that Anointing can be done in a hospital room, or within the context of a Mass.

Since Anointing is not only for those on their deathbed, those who are seriously ill, people about to undergo surgery, older people who struggle with declining health, people with chronic illnesses, and those with a mental illness can also be anointed at any point in their life. It also means the Sacrament can be celebrated again when needed. It is not a Sacrament that can only be celebrated once, like Baptism or Confirmation.

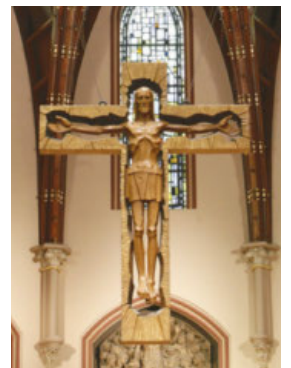
**We will have a Healing Mass on Saturday, Oct. 14, at our 9:00am Mass.** It will be a Mass with the Anointing of the Sick for those who have come to reflect on the Sacrament and their current health issues and avail themselves of this Sacrament. Next week, we celebrate the Feast of St. Luke, patron of physicians. How appropriate then to approach the divine physician, through the celebration of the Sacrament of Anointing of the Sick, to seek healing in mind, body, and spirit, so the sick can draw close to Christ and see suffering as a participation in the world's salvation.

## 15-min. Cathedral Tours After 8:30am & 10:30am Masses

We have two options for weekly tours of Holy Name Cathedral. Our Docents are excited to share with you the art, architecture and history of the Cathedral.

Each week, our Cathedral Docents lead short, 15-minute express tours following the 8:30am and 10:30am Masses.

Those who are interested in participating in these free tours are invited to sit in the front rows along the center aisle after Mass.



**MOST REV. KEVIN M. BIRMINGHAM • 1971-2023**

# Remembering 'A Wonderful Priest and Bishop'

Most Rev. Kevin M. Birmingham, auxiliary bishop for the Archdiocese of Chicago and former secretary to Cardinal Blase J. Cupich, archbishop of Chicago, passed away unexpectedly Monday, Oct. 2, 2023. He was 51 years old, a few days shy of his 52nd birthday.

Birmingham was born on Oct. 7, 1971 in Oak Lawn to Jeanette Ann Larsen and Joseph James Birmingham. He attended Quigley Preparatory Seminary, Niles College Seminary and the University of St. Mary of the Lake/Mundelein Seminary.

Birmingham was ordained to the priesthood on May 24, 1997, by Archbishop Francis George, and he celebrated his first solemn Mass on May 25 of the same year at Our Lady of the Ridge Parish in Chicago Ridge.

As Birmingham said in a Chicago Catholic interview in 2020, the Oblate Sisters of Jesus the Priest from Mexico City, who ministered at Niles College and Mundelein Seminary, arranged for his second Mass as a priest to be celebrated from the main altar at the Basilica of Our Lady of Guadalupe in Mexico City. He made the trip to Mexico after his ordination to give thanks to Our Lady of Guadalupe, to whom he developed a devotion while he was in seminary, especially when he spent time in Morelia, Mexico, learning Spanish.

After ordination to the priesthood, Birmingham served as associate pastor at St. Peter Claver Mission in Robbins, St. Benedict Parish in Blue Island and St. Francis of Assisi Parish in Orland Park. He was pastor at St. Anne Parish in Hazel Crest (2005–2011) and Maternity BVM Parish on North Avenue in Chicago (2011–2014). Birmingham



served as administrative secretary to Cardinal Cupich from 2014 to 2020, during which time he was also a resident at Holy Name Cathedral.

"The Church has lost a wonderful priest and bishop today and I lost a dear friend and valued colleague," said Cardinal Cupich. "From the start of his ministry, Bishop Kevin Birmingham was a devoted and joyful priest. He felt called to serve Latino Catholics especially, and he learned Spanish in order to do so. He served in my office for six years as priest-secretary, always with dedication and attention to every detail, a role in which his reputation for kindness only grew.

May we honor his memory by continuing to do as he did, and model the love God has for his children in all we do."

Birmingham was appointed director of the Department of Parish Vitality and Mission in July 2020 for a year. On Sept. 11, 2020, Birmingham was appointed auxiliary bishop of Chicago and Titular Bishop of Dolia. He was ordained a bishop on Nov. 13, 2020 by Cardinal Cupich at Holy Name Cathedral and became Episcopal Vicar of Vicariate IV. Last month, after the retirement of Bishop Joseph Perry, Birmingham was assigned to oversee Vicariate VI.

Sarah Machaj, senior administrative assistant in the Archbishop's Office, had worked with Birmingham from 2015 until 2020. "Bishop Kevin lit up every room he walked into and brought with him his dry wit and just a little bit of mischief," Machaj said affectionately. "He was an incredibly hard worker, but never asked for recognition. He was humble, truly kind and had a laugh that was contagious. He was the most genuine person I've ever known, and he will be greatly missed."



## A Discussion on Life Lost: Miscarriage & Stillborn

**Saturday, Oct. 14 after 5:15pm Mass**

The joy of a new life is shattered when a full-term birth is cut short. Such loss defies words and reactions by society. The tendency to move on tends to dominate our culture. We do not address the emptiness felt by the mother, who has already formed a relationship with this living person within her. There is the father whose dreams evaporate while trying to console his wife. Children may be coping with the reality that there is no sibling now.



This discussion allows us, as Catholics, to face the social stigma of denial and

listen to those who have learned to celebrate these children of God. With the guidance of the Elizabeth Ministry, we will learn how to accompany those directly affected by this loss. Scan the QR code to register online. We will meet in the Rectory after the 5:15pm Mass on Saturday, Oct. 14. Sponsored by the Celebrate Life Initiative.



## Guardian Angel Mass to Honor First Responders

**Sunday, Oct. 15 at 10:30am**

All are welcome to join this special Mass on Sunday, Oct. 15 at 10:30am in recognition of the service all First Responders offer to our city. Fr. Dan Brandt, Chicago Police Chaplain, will be the main celebrant and homilist.



## Filling Your Spiritual Backpack: St. Teresa of Avila

**Sunday, Oct. 15, after 5:15pm Mass**

St. Teresa is one of two women bestowed with the title of “Doctor of the Church.” Her life personified the mysticism of her writings, namely “The Interior Castle.” We will explore the symbolism, imagery, and call to venture beyond the ordinary into the depths and joy of a relationship with Jesus Christ. Dr. Kenneth Ortega, Director of Evangelization, will lead the discussion. We will meet in the Club Room. No advance registration is necessary.



## Friends of Fr. Tolton Upcoming Presentation

**Sunday, Oct. 15, noon in the Rectory**

Please join the Friends of Fr. Augustus Tolton on Sunday, Oct. 15, at noon in the Rectory for a dynamic presentation on the life of Fr. Augustus Tolton and his journey to sainthood by Dr. C. Vanessa White, an Assistant Professor of Spirituality and Ministry, Director of the Augustus Tolton Pastoral Ministry Program, Catholic Theological Union. We look forward to seeing you there to learn more about this great man.



**C. Vanessa White**

# Evangelization

## The Stump of Jesse

### Discovering the Mother's Love — Part 2

By Fr. Ton Nguyen

**T**he room behind the tabernacle often raises questions from visitors, especially in the hustle and bustle before Mass. This area is known as the sacristy, where we meticulously prepare for the liturgy. Amid the busy preparations, we have some meaningful conversations as well. Once, George asked, “What is the difference between looking at the golden calf versus the serpent in Exodus?” The short answer is humans crafted the golden calf in defiance of God (idol worshipping), while they fashioned the bronze serpent in obedience to God to remind them of the one true God. This distinction lays the foundation for understanding the significance of various religious symbols.

A young adult inquired about honoring Mary through statues and icons, wondering if it is a form of idol worship. In response, we turn to John Damascus, who emphasized that the honor directed at images is not meant for the depictions but for the individuals they represent. Adoration, he stressed, is reserved solely for the one true God. The Scriptures reinforce this understanding. When Jesus uttered, “Father, into your hands, I commend my spirit” on the cross, it became evident that prayers



and adoration should be directed to God. Similarly, St. Stephen implored, “Lord Jesus, receive my spirit,” addressing his plea to God the Son. The Apostle Paul’s words affirm the universal authority of Jesus, declaring that every knee should bow and every tongue should confess His lordship to the glory of God the Father.

In light of these insights, venerating Mary through statues, icons, or special devotions finds its place. It serves as a means of honoring her as the vessel of grace and our intercessor with God. Think about me running to the market to buy some fresh fruits (prayers); upon my return, I requested assistance from these sisters (Mother Mary/Saints) in arranging them beautifully. In short, we worship One God and enrich our faith journey by honoring/venerating Mary and the Saints who aid us in deepening our love for the Divine. I love being a priest. JMJ.

## Salon Series Continues on the Controversial Pope Pius XII

**Saturday, Oct. 28 at 2:00pm**

Our Salon discussion on October 28 in the Rectory will focus on the Vatican of Pope Pius XII. Cardinal Eugenio Pacelli was elected Pope Pius XII in 1939, on the eve of the Second World War. During his reign (which lasted until 1958), Pius XII sought to lead the Church through one of the most demanding and perilous political environments in human history. Claimed as a saint by his supporters, and “Hitler’s Pope” by his critics,



Pope Pius XII



Edward E. Gordon

Pope Pius XII’s leadership remains deeply controversial to this day.

The assessment of his legacy has been further complicated by the release of thousands of new documents from the Vatican Secret Archives in March 2020. Please join us for a Salon event in the Rectory, where historian Dr. Edward E.

Gordon will help us make sense of the complex decisions of the Vatican during the rise and fall of Nazi Germany. No advance registration is needed.



## Join Us for Our Upcoming Annual Parish Day of Service

**Saturday, Oct. 21, 9:00am to 4:00pm; Event to Focus on Issues of Homelessness**

Our Parish Day of Service is back! Join us for a day of service together as a Faith Community for our local community. Our focus area for 2023 will be to understand better how we can assist our local homeless. We will start and finish in the Courtyard (assuming weather cooperates!).

New this year! We will begin the day with a continental breakfast and panel of local experts who will share their nonprofit's mission to help people experiencing homelessness and explain the root causes and solutions. Our panelists include:

- **Shiloh Capone, Executive Director of Street Samaritans**, a group that intervenes in the cycle of homelessness and poverty by connecting people to solutions and walking with them on their journey.
- **Hector Perez of Union League Boys & Girls Club** will discuss the challenges and ways they have been serving the migrant individuals who have entered Chicago.
- **Sr. Stephanie Baliga**, from Mission of Our Lady of the Angels, spends most of her time moving people, resources, and money to help support families with food and other needs. She organizes a large charity team through the Chicago Marathon to support the Mission — and she wants you on her team! She also teaches K-8 religion at St. Sylvester School.
- **Paul Gilmet, Regional Director of Rosecrance**, will speak on mental illness and substance addiction concerning homelessness.

Here are a few of (but not limited to) the nonprofits we've partnered up with to provide opportunities to serve:

**1. Union League Boys & Girls Clubs at the Barreto Club for Smart Girls** is a program designed to help preteen



girls develop and adopt a healthy attitude and lifestyle and acquire and maintain a positive self-concept, sound decision-making skills, and mentor relationships. Volunteers will spend the day with our Smart Girls, participate in arts and crafts, design bulletin boards for fall, and decorate home herb gardens while providing a moment of mentorship.

**2. Covenant House** builds a bridge to hope for young people facing homelessness and survivors of trafficking through love, respect, and support through programs designed to empower young people to rise and overcome adversity. Projects our volunteers will undertake include landscaping and beautification of the facilities' parking lot green areas and repainting of the parking lot wall.

**3. The Mission of Our Lady of the Angels** is a missionary outreach to the poor in W. Humboldt Park, Chicago.

Mission OLA currently supports 3,000

families monthly with food and other essential resources. The Mission directly supports senior citizens, families, and, additionally, children through a partnership with the YMCA. The Mission provides opportunities for Catholics to live out their faith through retreats and by working with us in our outreach to the poor. "We'll have a work day — cleaning, sorting food, and working in gardens. This is a fabulous place to volunteer, and many of our parishioners have already done so." — Sister Stephanie Baliga.

We will also have other projects in our immediate area as well onsite if you are not able to travel. We will finish the day with reflections followed by pizza and refreshments.

Register Today! Scan the QR code or go to [tinyurl.com/HNCservice23](https://tinyurl.com/HNCservice23) to sign up you and your friends and family.

## Holy Name Cathedral Concert Series

### Johann Vexo, Choir Organist from the Cathedral of Notre-Dame, Paris Thursday, Oct. 26 at 7pm

Join us for a special evening of musical entertainment as we host the artistic talents of Johann Vexo, Choir Organist of the Cathedral of Notre Dame in Paris. Born in France, Johann’s musical talents have been influenced by the rich musical and cultural heritage of his upbringing. He is considered by some as one of the greatest French organists of our time. There is no charge to attend the concert. Please register for the event using the QR code and consider donating or being a sponsor. Sponsorship opportunities include:



Johann Vexo



**Symphony Sponsor: \$5,000**

Full page acknowledgment in the program book; recognition during the concert; listing in the program book and Holy Name Cathedral communications; reserved seating for ten in the pews or organ loft\*; invitation for ten to pre-concert reception.

**Oratorio Sponsor: \$2,500**

Half-page acknowledgment in the program book; recognition during the concert; listing in the program

book and Holy Name Cathedral communications; reserved seating for eight; and invitation for eight to pre-concert reception.

**Concerto Sponsor: \$1,000**

Quarter-page acknowledgment in the program book; listing in the program book and Holy Name Cathedral communications; reserved seating for six; and invitation for six to pre-concert reception.

**Sonata Sponsor: \$500**

Listing in the program book and Holy Name Cathedral communications; reserved seating for four; invitation for four to pre-concert reception.

**Rector’s Sponsor: \$250**

Listing in the program book and Holy Name Cathedral communications and reserved seating for two.

**Friend of Holy Name Cathedral: \$150**

Listing in the program book and Holy Name Cathedral communications.

\*Based on organ loft space availability.

## Remember Those Who Have Died on Feast of All Souls

### All Souls Day: Thursday, Nov. 2, 2023

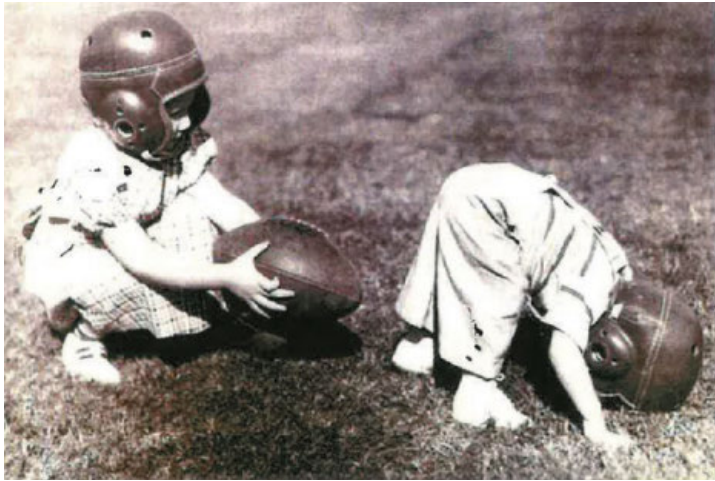
On All Souls Day, we remember those who have gone before us and sleep in the light of Christ, especially those we loved, including our parents, grandparents, siblings, family members, and friends. Those we loved in life who have gone before us hold a special place in our hearts. It is in gratitude and reverence that we remember them.

If you would like to request a prayer intention for the Feast of All Souls, please use the QR code provided. Loved ones will be remembered in prayer by our Cathedral priests, deacons, sisters, and staff throughout the month of November. Please plan to join us for our annual All Souls Mass on Thursday, Nov. 2 at 5:15pm.



# Fellowship

## A Little Humor from the Rector



**“OK, Fr. Greg. Go long!”**

### Career Network Webinar

## Learn Best Practices for Your Job Search

**Thursday, October 19 at 7pm**

Join us on Thursday, October 19 at 7pm for our October webinar entitled: Best Practices for Your Job Search. Our next workshop will help participants understand how to prepare for and manage their job search. It will explore the importance of networking, understanding Automated Tracking Systems (ATS), and introduce key websites and tools for researching companies and positions and promoting your brand through social media.

Our speaker, Anita Jenke is the Executive Director of the Career Transitions Center of Chicago. She is a former CTC client and volunteer coach. Anita serves on the board of The Chicago Jobs Council and was the 2013 recipient of the Illinois Career Development Association's Advocacy Award.

Please scan the QR code to register.



**Anita Jenke**



## Join Our Family Mass!

**Sunday, Oct. 29 at 10:30am**

We hope you can join us on Sunday Oct. 29 at the 10:30am Mass at Holy Name Cathedral as we honor and appreciate all the families that contribute to our Faith through their works of service and spiritual formation of their children. Sponsored by HNC's Children's Faith Formation. Donuts and coffee will be provided after Mass!

## Welcome! Make Holy Name Your Cathedral.

We are delighted to welcome you to Mass today, whether you are visiting or looking for a parish to join. Through your presence and active participation, we can offer rich, spiritual renewal every day. Our Faith Community is very diverse, composed of people like you. Our hope is that your experience today encourages you to join our community. There are many ways to get involved. Join one of our ministries or attend an event featured in today's bulletin. Or become a member of our Faith Community — all are welcome! Just scan the QR code to register as a new parishioner.





## What is a Mass Intention?

Holy Name Cathedral offers you different possibilities when you request that Mass be celebrated for a particular intention. Requesting a Mass intention means that you are asking that the grace of Christ's sacrifice in his death and resurrection be applied for a particular purpose, for example, for a deceased person or a living person who is ill or in thanksgiving for a favor received. To request a Mass Intention, please stop by our Rectory during business hours. Any questions, call the Rectory (312) 787-8040.

## Light a Prayer Candle

Lighting a candle for your family and friends or for a personal prayer is an important Catholic tradition. We know many of you may not be able to come into the Cathedral to light the candle yourself. It would be our honor to have one of our resident priests light a Cathedral Candle on your behalf. They will pray to our Lord to intercede on behalf of your personal intention. Scan the QR code to complete the request form.



## Wedding Banns



- I Lillian Leist & John Harmon  
Kaylin Rhoads & Zachary Hanson
- II Katarina O'Byrne & Anthony Rosetti
- III Erin Piercy & Daniel Landreman  
Courtney Dumas & Ryan Weisbeck

## In Memoriam



- Auxiliary Bishop Kevin M. Birmingham
- Ethel Zitnik — Thursday, Oct. 12; visitation at 9:30am and Funeral Mass at 10:30am
- Joan Carey — Thursday, Oct. 19; visitation at 9:30am and Funeral Mass at 10:30am.

## Mass Intentions

Colored dots represent the priest's vestment color

### Week of Oct. 9 to 14

#### ● Monday, October 9 (Saint Denis, Saint John Leonard)

No Mass Intentions

#### ● Tuesday, October 10 (Weekday in Ordinary Time)

- 7 AM Samantha Sabalvoro
- 8 AM + Jane M. Zakevicius
- 12 PM + Helena & Stefan Stetina

#### ○ Wednesday, October 11 (Saint John XXIII)

- 7 AM + Ruby Amoroso Serritella & James Serritella
- 8 AM + David Remo, + Luis Diaz De Leon,  
+ William Wingren, Family Lemus Magana,  
+ Marie Madrzyk, Sherry Keith & Family,  
+ Joseph Lemieux, + Brian Bongat,  
Father Ed Shea, + Louis J. Nicastro,  
+ Amma Ascione
- 12 PM + Beverly L. Yamen
- 5.15 PM + Matthew & Ida Benson

#### ● Thursday, October 12 (Weekday in Ordinary Time)

- 7 AM Brian Sabalvoro
- 8 AM + Antonio "Tony" Cesario
- 12 PM + Helen & Jozef Stetina

#### ● Friday, October 13 (Weekday in Ordinary Time)

- 7 AM + Sharon Sue Chalkey
- 8 AM + John H. Lenich
- 12 PM + Brian Bongat, Mariano Bongat, & Roberta Penaverde, + Marie Madrzyk, Adam Hollinger & Family, + Louis J. Nicastro, + Lena Cassorla, + Catherine De Meulenaere, + Dr. J.C. De Meulenaere, + Christine Joy Patagon, + Shirley Olsen

#### ● Saturday, October 14 (St. Callistus I)

- 9 AM + Renato Barreto

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# Peripheral Neuropathy Breakthrough!

"My feet feel like they're on fire."  
"Each step feels like I'm walking through wet paint."  
"I live in constant fear that I'll fall."  
"I can't sleep, my hands and feet tingle all night."

What do all of these people have in common? They suffer from **peripheral neuropathy**. It's estimated that more than 20 million people in the United States have peripheral neuropathy. Unfortunately, this figure may be significantly higher, as the disease is often misdiagnosed because of its wide array of symptoms.

Dr. Amy Wolf, DACM, L.Ac., founder of Herb + Ohm Acupuncture & Integrative Medicine in the Chicago Loop, shares this belief. "I've been treating neuropathy in all its various forms for over 8 years, and so often my patients come to me because of the symptoms, not because of a diagnosis. They hear or read a testimonial of another patient and say to themselves 'hey, I feel the same thing.'" Carol W. testified to this. "I remember driving to my consultation, and I saw a woman running just outside our neighborhood. I was so envious - I just kept thinking 'I would give anything just to walk again.' My primary care doctor told me my troubles with pain and balance were just symptoms of old age and gave me a prescription. I was so depressed."

Fortunately, Carol would eventually hear from her daughter-in-law that Amy treats similar symptoms and offers a real solution at Herb + Ohm. "I just knew I had to see her. She was my last hope."

"Almost all of our patients come to us with a story similar to Carol's. They've been everywhere else. They've been told there's no hope. They've been told 'it's just a part of getting older,'" shares Vanessa, a Patient Care Coordinator at Herb + Ohm. It just breaks my heart,

**but I know how much we can help people like Carol so I'm always so happy when they walk through our door."**

Peripheral neuropathy is a result of damage to the nerves, and this damage is commonly caused by a lack of blood flow in the hands and feet. A lack of blood flow results in a lack of nutrients; the nerves then begin to degenerate and die, which causes pain ranging from discomfort to debilitating. Because neuropathy is a degenerative condition, once those nerves begin to deteriorate they will continue to do so until they are completely expired, leaving those suffering with crippling balance issues. "In this case, the absence of pain is not necessarily a good thing," shares Amy. "This usually indicates that your nerves are hanging on by a fragile thread."

So how exactly is Amy able to reverse the effects of this degenerative disease? "Acupuncture has been used to increase blood flow for thousands of years, which helps to get the necessary nutrients to the affected nerves. But the real magic happens when I integrate ATP Resonance BioTherapy™. This is technology that was originally developed by NASA to expedite recovery and healing."

**"I just can't say enough about Herb + Ohm," Carol shared through tears of joy. "My grandchildren live so close by, and I struggled taking walks with them and attending their activities. I always stayed home because of the pain and discomfort. Yesterday, I attended a softball game and walked with them around the block! And next week I am going with them to the beach. I am truly living life these days."**

According to Carol's test results, she has seen a 74% improvement in pain and functionality, which is "on par with a majority of our patients,"

shares Vanessa. "But more important than those test results is the joy she's expressed being here and hearing about all the amazing things she's able to do because she feels great!"

By seamlessly blending the ancient science of acupuncture with modern medical solutions, Amy has achieved a 90% success rate in reversing the effects of neuropathy. She starts each patient with an initial consultation during which a sensory exam is performed.

"This not only aids in making a proper diagnosis but it helps to define just how much nerve damage has occurred," says Amy. "This is important because if a patient has suffered more than 95% damage, there is little that I can do to help them. I'm familiar with the medical miracle, but I know my limits as a practitioner and the limits of my medicine." When it comes to treating peripheral neuropathy, regardless of its origin, early detection greatly improves your chances of a full recovery.

If you or someone you love are suffering with chronic pain that presents as burning, tingling, or 'pins and needles,' or you've recently been diagnosed with peripheral neuropathy, it's important to know that there are options.

There is hope. **Call 312-757-1882** to schedule an initial consultation or visit [herbandohm.com](http://herbandohm.com) to read more incredible success stories.





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Oh most beautiful flower of Mt. Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God. Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me here you are my mother. Oh Holy Mary, Mother of God, queen of Heaven and Earth. I humbly beseech you from the bottom of my heart to succor me into my necessity. (Make request). There are none that can withstand your power. Oh Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hand (three times). Say this Prayer for 3 consecutive days.

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Holy Spirit, you who makes me see everything and shows me the way to reach my ideal, you who gives me the Divine gift to forgive and forget all the wrong that is done to me and you, who are in all instances of my life with me. I, in this short dialogue, I want to thank you for everything, and affirm once more that I never want to be separated from you, no matter how great the material desires might be.  
 I want to be with you and my loved ones in your perpetual glory. To that end and submitting to God's Holy will, I ask from you. (Mention your Request) Amen.  
 Say this prayer for 3 consecutive days.

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